

1st Week Practice Schedule

September 6-10

Volleyball

Tuesday (Sept. 6)	Wednesday (Sept. 7)	Thursday (Sept. 8)	Friday (Sept. 9)	Saturday (Sept. 10)
Sr. Girls - 3-5pm	Grade 8 boys AND girls- 3-5pm	(Middle School & High School Retreats)	(Middle School & High School Retreats)	Grade 8 boys- 9:30am-11 am
Jr. & Sr. Boys- 5-7pm	Jr. & Sr. Boys- 5-7pm	(Middle School & High School Retreats)	(Middle School & High School Retreats)	
	Tryout session for grade 8 boys- must attend			Tryout session for grade 8 boys- must attend

BOYS SOCCER

Tuesday, Sept. 6th: 3-5pm @ VCS field